



## **ATHEEKU RAHIMAN-M**

Health and Safety Manager

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### **PROFILE SUMMARY**

Accomplished Occupational Health and Safety Manager with a robust background in overseeing health and safety practices within complex civil and infrastructure construction projects. Possesses a Diploma in Civil Engineering and holds notable certifications, including a Level 6 International Diploma in Occupational Health and Safety, Graduate Membership of IOSH, and NEBOSH International Technical Certificate in Oil and Gas Operational Safety. Proficient in the development and implementation of HSE plans, policies, and procedures, as well as conducting comprehensive risk assessments and cultivating a strong safety culture. Successfully managed multiple projects, contributed to HSE tender documentation, and maintained impeccable safety records. Instrumental in reducing incidents and utility damages, translating to millions of safe man-hours. Actively engaged in audits, training, and collaborative efforts with clients to enhance safety measures. Currently pursuing an MSc in Health and Safety from the University of Hull, UK, with training as an ISO 45001 Lead Auditor and possessing diverse certifications in environmental, food safety, and OSHA practices. Proficient in Aconex and Microsoft Office, adept at efficiently managing project documentation and facilitating collaboration. With over 17 years of dedicated experience, committed to continuous learning and ensuring unwavering industry compliance.

### **HARD SKILLS**

- Proficiently prepare HSE documentation for successful project bidding.
- Develop and implement tailored HSE Plans & Safety Procedures, leading to accident reduction.
- Ensure international safety standard compliance through efficient HSE policy implementation.
- Conduct comprehensive risk assessments and implement effective risk management strategies.
- Manage emergency situations and incidents, improving response times.
- Implement environmental management practices, minimizing environmental footprint.
- Ensure adherence to legal and regulatory requirements, avoiding violations and penalties.
- Successfully manage contractors and vendors, boosting safety compliance.
- Enhance safety equipment and systems, preventing equipment-related accidents.
- Analyze safety data to proactively identify trends and implement preventive measures.
- Facilitate effective HSE meetings, promoting safety awareness and communication.
- Conduct safety inspections and audits, enhancing overall safety compliance.
- Expertly detect utility hazards, preventing incidents.
- Conduct thorough accident and incident investigations, reducing recurrence.
- Efficiently manage safety budgets, optimizing resources.
- Maintain accurate Environmental Data Log (EDL) for precise reporting.

### **SOFT SKILLS**

- Skillfully lead and foster safety-first culture, improving safety performance.
- Demonstrate clear written and verbal communication for effective safety dialogue.
- Adapt to dynamic environments, responding to changing safety requirements.
- Collaborate effectively, reducing safety-related conflicts.
- Manage time efficiently, ensuring timely safety initiative completion.
- Display emotional intelligence in safety-related situations, boosting morale.
- Conduct HSE training for robust safety culture, enhancing awareness.
- Resolve HSE conflicts, cultivating a positive work environment.
- Efficiently manage stakeholders, achieving high satisfaction.
- Prioritize tasks for organized safety management and efficiency.

### **ACHIEVEMENTS**

- Managed safety in diverse civil and infrastructure projects, employee accommodation, and warehouses.
- Recognized by Lusail LREDC for exemplary HSE compliance.
- Conducted multilingual HSE training, enhancing safety awareness across teams.
- Instrumental in zero underground utility damages.
- Developed comprehensive HSE training materials, improving employee competency.

- Maintained corporate HSE documentation, ensuring compliance and recognition by auditors.
- Ensured plant and equipment safety compliance, reducing incidents.
- Implemented effective HSE policies and procedures, boosting safety compliance.

## **PROFESSIONAL EXPERIENCE**

- RAMCO GROUP of Companies, Qatar | HSE Manager | September 2016 - Present
- AL NAKHEEL LANDSCAPES, Qatar | Deputy HSE Manager | November 2015 - September 2016
- DEBBAS QATAR | Senior Safety Officer | April 2011 - October 2015
- FLASH CONTRACTING CO, Ajman, UAE | Safety Supervisor | June 2005 - July 2010

## **EDUCATION AND CERTIFICATIONS**

- MSc Occupational Health and Safety - University of Hull, UK (Ongoing)
- International Diploma Level-6 in Occupational Health and Safety (IDIP)
- Certified ISO 45001 Lead Auditor
- Nebosh Level-3 Certification in Oil and Gas Operational Safety
- Certified in Occupational Safety and Health Administration (OSHA)
- Bachelor Degree in English Literature - Annamalai University
- Three-year Diploma in Civil Engineering - Neptune Institute of Technology, New Delhi, India
- Highfield UK Level 3 Certified - Food Safety
- CIEH UK Level 2 Certified - Environmental Science

## **JOB RESPONSIBILITIES**

- Develop and implement a comprehensive Occupational Health and Safety (OHS) management system to ensure strict adherence to local and international regulations, standards, and best practices specific to the construction industry.
- Design and execute tailored OHS programs and strategies that address the unique demands and complexities of construction projects.
- Offer expert guidance and support on OHS matters to project teams and senior management, ensuring a robust safety framework.
- Conduct systematic audits and inspections of construction sites, meticulously identifying potential hazards and unsafe conditions, and devising targeted risk mitigation strategies.
- Lead thorough incident investigations and root cause analyses, facilitating the implementation of corrective actions to proactively prevent recurrence.
- Create and deliver specialized OHS training programs meticulously customized for the construction sector, ensuring comprehensive training for all personnel.
- Continuously monitor and analyse OHS performance metrics, pinpointing areas for enhancement and executing appropriate corrective measures.
- Cultivate and nurture relationships with regulatory bodies and external stakeholders, ensuring unwavering compliance and dissemination of industry best practices.
- Maintain an accurate and up-to-date Environmental Data Log (EDL) to track and report on environmental considerations.
- Collaborate extensively with project teams to seamlessly integrate OHS considerations into every phase of Civil & MEP installation and maintenance activities.
- Diligently review contractor OHS plans, verifying alignment with company OHS policies and procedures.
- Strategically allocate and manage the OHS budget and resources, optimizing the delivery of impactful OHS initiatives.
- Develop, update, and maintain comprehensive emergency response plans and procedures, ensuring comprehensive employee readiness and training.
- Oversee the accuracy and currency of all OHS-related documentation and reporting.
- Stay abreast of evolving OHS regulations and best practices to continually enhance the effectiveness of the company's OHS management system.
- Provide adept leadership and management of OHS resources, fostering a culture of safety and accountability.
- Demonstrate adept written and verbal communication skills, ensuring clear and effective OHS-related communication across all levels of the organization.
- Adapt adeptly to shifting circumstances and industry trends, effectively steering the course of OHS management.
- Collaborate harmoniously as part of a cohesive team to achieve targeted OHS objectives and goals.
- Exhibit impeccable time management skills to proficiently juggle multiple tasks and responsibilities inherent to OHS management.

- Display keen emotional intelligence in navigating and responding to varied workplace situations and challenges, cultivating a supportive and safe atmosphere.
- Lead the provision of comprehensive OHS training, nurturing and cultivating a robust safety culture throughout the organization.
- Expertly resolve conflicts related to OHS matters, ensuring harmonious working environments.
- Skillfully manage and engage stakeholders, consistently fostering positive relationships both internally and externally.
- Leverage effective time management skills to judiciously prioritize tasks and meet critical deadlines in the realm of OHS management.

### COMPUTER PROFICIENCY

- Aconex: cloud-based software for project document management
- Microsoft Office

### PERSONAL DETAILS

- DOB (Date of Birth) | 20/05/1976.
- Nationality | Indian
- Visa Type | Transferable with No objection Certificate (NOC)
- Qatar ID Expiry | 20/05/2024.
- Driving License | Light Motor Vehicle (LMV) Valid in Qatar and UAE

### LANGUAGES FLUENCY

- English, Arabic, Hindi

### REFERENCES

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